

OBC LCM 2026: Session: 3: COACH evaluation sheet for TEAM: HN

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Hofmans Francoise HEADCOACH

Coaches: Ardu Daniel

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 15: 200M MEDLEY WOMEN Heat:4, starttime: 09:10

Heat: 4/4 Lane : 7 Athlete: LABASSE CLEMENCE Q-time: 02:27:22

PB (50m pool): no time PB (25m pool): 02:23.16 SB: no time

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 18: 200M BUTTERFLY MEN Heat:4, starttime: 09:54

Heat: 4/4 Lane : 8 Athlete: JACOB GEOFFREY Q-time: 02:17:64

PB (50m pool): 02:17.64 Antwerpen 27/04/2025 PB (25m pool): 02:14.07 SB: 02:23.00 Charleroi 15/02/2026

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:29.72	01:03.95	01:40.30	02:17.64	
	00:29.72	00:34.23	00:36.35	00:37.34	
					

Coach feedback:

Event number: 19: 50M BUTTERFLY WOMEN Heat:6, starttime: 10:03

Heat: 6/8 Lane : 7 Athlete: LABASSE CLEMENCE Q-time: 00:28:87

PB (50m pool): 00:29.38 Charleroi 15/02/2026 PB (25m pool): 00:29.22 SB: 00:29.38 Charleroi 15/02/2026

	5 0 M	
PB	00:29.38	
	00:29.38	
		

Coach feedback:

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Event number: 24: 400M MEDLEY MEN							Heat:2, starttime: 11:03	
Heat: 2/2 Lane : 3 Athlete: BENNANI WALID							Q-time: 04:40:13	
PB (50m pool): 04:43.83 Charleroi 12/01/2025			PB (25m pool): 04:28.99 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:28.52	01:01.65	no time	no time	no time	no time	no time	04:43.83
	00:28.52	00:33.13						
								

Coach feedback: